

## YOU AND I AND

NOW AND THEN

By Orin H. Cole, St. Louis, Mo.

One of these days there will come from "over there" a casualty list of American soldiers that will cut my soul and my soul. Many of the boys who went "over there" to protect your honor and my honor and your freedom and my freedom will be on the list of dead. They will have given up their lives, even as the Men of Goliath, for you and for me.

NO!... say it THEN, you and I should ask ourselves, "Are we doing EVERYTHING we can to help the Army which is home of the Army?" The Army Home of the Army is the great American Red Cross. The Red Cross is one of the greatest agencies for winning the war for the Allies. We are going to win the war, of course, but where? NOW is the time to consider and question, too. NOW is the time for you and for me to go to every town, to every city, to the government in the United States and for the rest of the Allies, and we ought to go to the source of our hearts for the answer to the question: "Are we doing ALL we can?"

The American Red Cross is the very backbone of the American expeditionary forces. It cares for the soldier's safety while he is away, if the ready needs care; it cares for the soldier himself, both on the way to the battle-fields and after he arrives there; the great American Red Cross has at the moment of not only the American forces overseas but the forces of the other Allies as well. We are going to win the war, yes, but we are not going to win it without the support of the American Red Cross.

The Christian Science Reading Room will be open in the parlor of Mrs. Watkins, 1 block east of the Central School building from 2:30 to 4:00 p.m. Wednesday of each week. The public is invited. 24th.

The Presbyterian Church  
Regular preaching by Rev. A. R. Lawrence on the third Sunday of each month.

Don't wait until your pipe bursts, then holler for a plumber. Have it done now and save the fares expense. Phone 87. J. T. BELL & CO.

## The Hicks 1918 Almanac

For more than twenty-five years, the Hicks Almanac has had a worldwide reputation. The 1918 Almanac has been prepared by Rev. Irl R. Hicks, Jr., assisted by Rev. John H. Noyes for many years the Assistant Editor associated with Rev. Irl R. Hicks. Bigger, brighter, better than ever is a concise description of the 1918 Almanac. It is now ready and is sold as before, for 25 cents postpaid. Word and Works is the name of the monthly family magazine founded by Rev. Irl R. Hicks. The subscription price is a dollar a year, including a copy of the Hicks Almanac to the subscriber. Send 5 cents for a sample copy. Write Word and Works Publishing Co., 8401 Franklin Ave., St. Louis, Mo.

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There are 19 vacancies in the Texas legislature but only seven have been officially certified and Gov. Hobby has ordered special elections to fill these offices. It is expected he will call to Legislature to meet in special session in February.

## Mothers of Texas, Prepare!

When a girl becomes a woman, when a woman becomes a mother, and when a woman passes through the changes of middle life, not the three periods of life when health and strength are most needed to withstand the pain and distress often caused by severe organic disturbance. Many women in Texas would testify just as do the following:

**Houston, Houston, Texas.** — "My mother used Dr. Pierce's Favorite Prescription. She was in very ill health, was all run down and it seemed like she could not get anything to do her any good until she took this medicine. It did her more good than anything she tried and I am always willing to recommend it to friends who need it soon." — Miss JUDEA REEDER.

**Pearl Worth, Texas.** — "I can recommend Dr. Pierce's Favorite Prescription to any woman suffering from woman's trouble or nervousness. I was very nervous and losing weight as fast I became alarmed over my condition. I could not sleep at night. I took Dr. Pierce's Favorite Prescription and began eating again. I weight at present 110 lbs. 1225 Pearl Avenue."

Dr. Pierce's Favorite Prescription is a secret remedy for all the ingredients printed on the wrapper. A liniment. Liniment or tablets. Send Dr. V. M. Pierce, Box 8, P. O. 1225 Pearl Avenue.

An announcement is made by the Town and County Nursing Service of the American Red Cross of a series of public health nursing scholarships donated by chapters and individuals as special war gifts.

SNYDER ACTIVITIES  
OF THE RED CROSS

## Junior Red Cross Work.

Group 1—Children 6 to 10.

Gauze Wipes—Cut 1-inch squares of flannel or flannelette or any woolen material and thread 50 on a string.

Gun Cleaning Rags—Cut 12 or 15 inches square from soft material. Do not hem.

Wash Cloths Knit or make from toweling, with crochet edges.

Baby Afghans—Knit or crochet 5-inch squares of blue, pink or white wool. Sew together 6 squares for length and 3 for width.

Group 2—Children 10 to 14.

Sleepywear, Wristlets or Mittens—Knit according to directions in A. R. C. 406.

Baby Afghans—(See directions in 1st group.)

Afghans for Soldiers—Knit from any color wool, 7-inch squares, 12 squares for length and 6 for width.

Substitute Handkerchiefs—Make 18-inch squares from soft bat strong linen or cotton, hemmed.

Band Towels or Linen Crash—Hemmed muslin.

Group 3—High School.

Hospital Garments—(See A. R. C. 405.)

All Knitted Articles—(See A. R. C. 406.)

Refugee Layette—(See A. R. C. 407.)

Comfort Kits—(See A. R. C. 402.)

Patrons for infants' layettes may be obtained through local Chapter from Bureau of Supplies, 1228 Olive Street.

Surgical Dressings—Greatly needed. For directions, see A. R. C. 401, also Surgical Dressings, this issue; these should all be made under supervision of an Instructor.

There is a new surgical dressing made of unbleached muslin which is wanted in great quantities abroad. It is known as shot tan and is especially adapted to Junior Red Cross work in 7th and 8th grades and High Schools. (For directions, see Surgical Dressings, page 2, this issue.)

We shall be glad to provide through the Bureau of supplies sample boxes of muslin bandages at 75¢ per box. These High Schools can prepare without supervision of an authorized Instructor.

As the Bureau of Junior Membership wishes the Junior Red Cross work of the Southwestern Division to make an excellent showing at the end of the school year, it is therefore urged that each school Auxiliary keep a record of total enrollment, number and kind of articles and garments prepared and if possible, amount of time devoted to the work by its Junior Membership.

Suggestions for work for boys will be published in next week's issue of Important Items.

MRS. E. R. KROGER,  
Director of Junior Membership.

## OUR BOYS AT CAMP TRAVIS.

Furnished by Division of Publicity.

Pvt. W. F. Barnes is in the Base Hospital, where he has undergone an operation for appendicitis, but is improving nicely and is expected to return to his Company within the next few days.

The Kerrville boys have enjoyed a great Xmas. Ira M. Floyd had a very pleasant surprise, his father and friends have been visiting him during the holidays. All have enjoyed a great time, and are now ready to go to work again as usual.

Lou E. Abbott, who has been sick daily since his arrival to the hospital to combat a bad cold, is well again and needs no disappointment but to go back to his duties.

Kenneth Longene, leader, Miss Veda Maeve, Sonie, Gurney Readine, Phoebe Solo, Norma Harris, Selected Reading, Phoebe Roberts, Selected Reading, Ola Davis, Sonie, League benediction.

Miss Emma Nation returned several days ago to El Paso.

THE HOUSE ACCEPTS  
WOMAN SUFFRAGE

Six Texas Congressmen voted to allow women to vote. An analysis of the vote shows that the measure had more friends among the republicans than among the democrats. There were 116 votes: 104 democrats, 165 republicans and five of other faith for the resolution and 102 democrats, 23 republicans and one progressive against. The vote shows two-thirds carried by a scratch. Speaker Clark would have voted "aye" had it been necessary.

It is believed now that the Senate will pass the measure and then it will be up to the state legislatures.

The proposed amendment reads as follows:

"Article—Section 1. The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any state on account of sex."

"Section 2. Congress shall have power by appropriate legislation to enforce the provisions of this article."

Opponents of the measure argued that it takes away from the states the right to regulate their own suffrage laws but the loyal attitude of women since the war started has impressed the people that public sentiment demanded that they ought to be allowed to vote and unless the Senate checks it, woman suffrage is coming very rapidly.

The Presbyters' Association in Austin have asked Gov. Hobby to issue a proclamation appointing a day of prayer for rain.

Regarding Mail  
to Dunn and IraColorado, Texas. 1-12-18.  
Mr. J. B. Terry, Editor,  
The Border Signal,

Editor.

With further reference to your complaint concerning the delay in delivery of the Border Signal to your patrons residing at Dunn, Ira, and along the route from here to Ira, we beg to advise you that we have kept a careful watch on this paper for the past eight weeks and find that with the exception of a single letter sent from somewhere in the office and is dispatched to Dunn and Ira on Saturday mornings and should reach them the same day.

We cannot understand what has occasioned the cessation of the delivery in delivery unless it is because those subscribers probably called at the office before the mail had arrived.

In view of the fact that the paper has not been delayed in this manner

Pains,  
Dizzy  
Spells

Mrs. G. P. Cartwright, of Whittell, Tenn., writes: "I suffered with bearing-down pains . . . The dizzy spells got so bad that when I would start to walk, I would just pretty nearly fall. Was very much run-down. I told my husband I thought Carl would help me . . . He got me a bottle . . . It helped me so much that he got me another bottle. I got a whole lot better. The dizzy spells and the bearing-down pains . . . left me entirely."

If you are weak and run-down, or suffer from womanly pains,

TAKE  
CARDUI  
The Woman's Tonic

You can feel safe in giving Cardui a thorough trial. It is composed of mild, vegetable, medicinal ingredients, recommended by standard medical books for many years, making of great value in the troubles from which every woman suffers.

The enthusiastic girls of the thousands of women who have been helped by Cardui for 40 years of successful use should assure you of its genuine merit, and convince you that it would be worth your while to try this medicine for your troubles. All druggists will

sell you Cardui.

Try Cardui.

1-74

and has always reached the office after being mailed by you in due time, we are unable to do more towards securing the prompt delivery of the papers to subscribers.

Very respectfully,

J. B. TERRY,  
Postmaster.

2 Discoveries  
1 in cake  
1 in economy

We had a friend who was very sure that without expensive butter you could not make a real cake.

Miss S.—used to be. Maybe you would like to "discover" the delicious economy of Cottolene for your cakes. Why don't you try wholesome Cottolene and a cook book?

This friend, Miss S.—, took birth and made a chocolate cake with Cottolene.

If you could have heard her enthusiasm over that cake you would have thought that economical Cottolene for cake-making was her particular

cup sugar gradually, stirring constantly.

Beat yolks thick and light, add remaining cup sugar gradually, continue beating.

Combine mixtures, mix and sift flour, baking powder and salt. Add to batter alternately with milk. Add flavoring and fold in the whites of eggs beaten stiff and dry. Bake 15 minutes in a moderate oven.

Notice.

Parties knowing themselves dedicated to her will please call and make some visit or settlement soon as I am expecting to have to move the news date at any time.

H. W. H. JOHNSON

(If you want one of your new recipes be sure to send me a copy and have me publish it in the column as an economy.)

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